

19th Annual Bully Bullhead Weekend 5K, 11K, Fun Run and Walk

**Sponsored by the Lost
Island—Ruthven
Betterment Association**

Huston/Lost Island
Park, NE Shore of
Lost Island Lake,
Ruthven, IA

Prizes

Date: July 10, 2010

Time: 8:00 AM

Registration/Check-in @ 7:15 AM

Trophies or
medals will
be awarded
to all
runners !

Entry fees:

- **\$20.00** Pre-Registration (Includes BBW T-Shirt)
• Pre-Registration Due by July 1, 2010
- **\$30.00 After July 1.** (Includes Certificate for BBW T-Shirt
from Relativity Tees in Ruthven)
- **\$30.00 Family Rate** w/out T-Shirt -
(BBW T-Shirts Available at Relativity Tees in Ruthven)
- **Walkers** - No Charge w/out T-Shirt
(BBW T-Shirts Available at Relativity Tees in Ruthven)

Race Day Registration & Check—in:

**7:15-8:00 at the Shelter House Parking Lot
on the Hill in Huston Park.**

For more information or to register call:

Jim Neighbors (712) 837—4806



8:00 11K Starts
8:15 5K Starts
8:20 Fun Run Starts

All Races Start and
Finish at Huston Beach

Water Stations will be
provided for 11K and 5K
runners

Mail form and entry fee to:

Jim Neighbors
34834 320th St.
Ruthven, IA 51358

Name _____

Address _____

Phone _____

Sex M F Race Length: _____

T-Shirt Size: S M L XL XXL

Waiver: I agree not to hold the Lost Island—Ruthven
Betterment Association, its members, Board and/or
volunteers liable for any damages incurred during
participation in this run.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____